**General Standard Operating Procedures**

1. Students must arrive at the gym within 3 minutes of the bell.
* ALL students must report to the gym where they will place their belongings in the bleachers regardless if they are wearing proper footwear for Physical Education or not.
* Students receive 5 points per day if they are prepared and participating.
* Students not reporting to their attendance spots will be marked absent and will lose 5 points
* Late students without a pass will lose 2 points.
* Late students will place their backpacks in the office and sit in their attendance spaces.
* Students not performing warm-ups will lose 3 points
* Students choosing to NOT participate will lose 5 points
1. ● Students must wear Socks & **SNEAKERS** with laces that are tied tight enough to give proper stability to ankles.
2. **CROCS, BOOTS, FOAM RUNNERS or UGGS** are **NOT ACCEPTABLE** footwear. Students will lose all 5 points if they are wearing these and will not be allowed to participate
3. Jewelry: Students will tuck necklaces in their shirts. Hoop earrings must be removed.

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* Students not wearing sneakers will sit in the bleachers and complete an assignment.
* No gum chewing or eating food of any kind in the gym.
* Water bottles are permitted and will be placed in the bleachers.
1. Students must be in proper uniform before leaving. Failure to do so will result in a write-up

**Phys. Ed. Clothing / Hygiene Products**

Appropriate Phys. Ed. clothing includes:

1. Socks & Sneakers with laces that are tied tight enough to give proper stability to ankles.
2. Basketball shorts and sweatpants are required. Students are NOT ALLOWED TO WEAR TIGHTS OR PAJAMA PANTS
3. LOOSE fitting short/long sleeve t-shirts and CREW-NECK sweatshirts ONLY.
4. NO SPRAY DEODORANTS
5. NO BODY SPRAY

**Bathroom/Nurse/Leaving the Gym**

1. If the student needs to use the bathroom, go to the nurse or

 leave the gym for any reason they are to report to THEIR

ASSIGNED PHYS. ED. TEACHER for a pass and sign out on the clipboard.

**Medical Excuses**

1. Students must have a doctor’s note to be medically excused.
2. Medically excused students will report to their Phys. Ed. teacher for an assignment.
3. At the end of the period the student will return the completed assignment to their Phys. Ed. Teacher.
4. If you have an injury, or are hurt, your teacher can excuse you for 1 day. After that day, you MUST have a note, or you will not be excused.

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**Playground/Water Stadium**

1. When going to the playground or Water Stadium students will form two lines and follow the teacher out of the building.
2. Students are to walk on the sidewalk only and STOP at each corner.
3. Students are NOT ALLOWED TO TOUCH PERSONAL PROPERTY such as cars, lawns, flowers and fences.
4. Students DO NOT ENTER THE ROADWAY UNTIL THE TEACHER IS IN THE INTERSECTION AND INDICATES IT IS SAFE TO CROSS.
5. Students will not have conversations with anyone at Water Stadium that are not in our classes.
6. Students must wear sneakers in order to participate. Sneakers must remain on, no playing in socks

**Assessment/Grading**

1. **10%** Skills Assessment
2. **10%** Written Assignments
3. **80%** Participation- Each time a student chooses not to participate or their actions/inactions prevent them from participating, 5 points will be deducted from their grade.

**\*\*\*\*\*\* Students will follow all other school and Board of Education Policies not mentioned in this handbook.**

Student’s Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Parent/Guardian’s Name)

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(Parent/Guardian email & phone number

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PE Teacher’s Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Samuel E. Shull School

Physical Education Handbook

Ms. Erin Jensen erinjensen@paps.net

Mrs. Melissa Paltjon melipaltjon@paps.net

 (732) 376-6060 x26445

Mr. Erik Niciewski ericniciewski@paps.net

 Mr. Ross Santana rosssantana@paps.net

 Mr. Dallas Clem dallclem@paps.net

 Mr. Kevin Byelick kevibyelick@paps.net

(732) 376-6060 x26446

